

## Little Springs Therapy Terms and Conditions

1. **Introduction:** These Terms and Conditions govern your use of services provided by Little Springs Therapy ("we," "our," or "us"). By using our services, you agree to these Terms.
2. **Services:** We offer energy healing, life coaching, intuitive counselling, and various courses. Our services are not a substitute for professional medical or mental health advice, diagnosis, or treatment. We reserve the right to refuse service to anyone for any reason.
3. **Appointments, Rescheduling, and Cancellation Policy:** Appointments can be scheduled through our booking system or by contacting us directly. Cancellations require 24 hours' notice via SMS, phone call, or email. A cancellation fee of up to 100% may apply at our discretion. Rescheduling is subject to the same policy as cancellations.
4. **Payment Fees** are as listed on our website or as quoted directly. Payment is due at the time of service unless otherwise agreed. We accept Stripe, cash, or bank transfer.
5. **Client Responsibilities:** You must provide accurate information about yourself, inform us of any changes in your health status, including pregnancy, and follow all reasonable instructions provided by our practitioners.
6. **Pregnancy Policy:** We do not perform energy healing on pregnant women. You must inform us if you are or suspect you might be pregnant. We may recommend alternative therapies or suggest postponing certain treatments until after pregnancy.
7. **Confidentiality and Privacy:** We maintain confidentiality in accordance with our Privacy Policy and applicable laws.
8. **Intellectual Property:** All materials provided during courses or sessions are our intellectual property and protected by copyright laws.
9. **Limitation of Liability:** Our services are provided "as is" without any guarantee of success. Our total liability shall not exceed the amount paid for the specific service giving rise to the claim.
10. **Modifications to Terms:** We reserve the right to modify these Terms at any time. Continued use of our services constitutes acceptance of new Terms.

For full details on our privacy practices and disclaimer, please refer to our separate Privacy Policy and Disclaimer documents.

By booking and using our services you agree to the terms and conditions, privacy policy and disclaimer.

Last updated: 21<sup>st</sup> February 2025

## Little Springs Therapy Disclaimer

### Services Offered

Little Springs Therapy offers energy healing, life coaching, counselling, and various courses. These services are intended to support personal growth, emotional well-being, and mental health.

**Not a Substitute for Medical Care:** Our services are not intended to replace professional medical or mental health advice, diagnosis, or treatment. Always consult a qualified healthcare provider for medical concerns.

**Results May Vary:** The effectiveness of our services can vary. We do not guarantee specific outcomes.

**Possible Side Effects Energy:** healing and therapies may result in side effects such as tiredness, emotional release, physical sensations or temporary exacerbation of symptoms before improvement. These are generally considered normal. Consult a medical professional for severe or prolonged discomfort.

**Pregnancy Policy:** We do not perform energy healing on pregnant women. Please inform us of any pregnancy or suspected pregnancy.

**Non-Licensed Therapies:** Some of our services may not be licensed or regulated in all jurisdictions and should not replace conventional medical or mental health treatments.

**Course Content:** The content of our courses is for educational and informational purposes only. It should not be considered as professional advice. We encourage participants to use their judgment and seek professional advice when necessary.

**Informed Consent:** By participating in our services, you acknowledge that you have read and understood this disclaimer, including the possible side effects and pregnancy policy. You agree to participate voluntarily and assume any risks associated with the therapies or courses.

**Liability:** Little Springs Therapy shall not be held liable for any damages arising from the use of our services.

For full details on our services and policies, please refer to our Terms and Conditions.

Last Updated: 21<sup>st</sup> February 2025

## Little Springs Therapy Privacy Policy

### 1. Information We Collect

- Name, contact details, and date of birth of all participants
- Health information relevant to treatment of all participants
- Session notes and treatment plans
- Payment information

### 2. How We Collect Information

We collect information during consultations, therapy sessions, and communications with our staff.

### 3. Use of Your Information

We use your information to provide services, maintain records, process payments, and comply with legal obligations.

### 4. Disclosure of Your Information

We may disclose your information to:

- Other healthcare providers involved in your care, with your consent
- Legal or regulatory authorities, if required by law.
- We will not sell or share your information for marketing purposes.

### 5. Data Security and Retention

We implement measures to protect your information and retain it as long as necessary for our services and legal obligations.

### 6. Your Rights

You have the right to access your personal information and withdraw consent for continuation of service.

### 7. Changes to This Policy

We may update this policy and will notify you of significant changes.

### 8. Contact Us For questions

contact us at [info@littlespringstherapy.com.au](mailto:info@littlespringstherapy.com.au)

Last Updated: 10<sup>th</sup> October 2024